

IELTS PREPARATION

7-day
STUDY PLAN

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Hi there,

Are you ready to embark on your IELTS journey? Let me help! Follow these steps in your exam preparation to save time and achieve the best results.

Good luck with your preparation and exam!

Asiya

7-Day IELTS Study Plan

Learn the essentials

These essential steps will help you prepare for your exam in a short period of time and perform at your best, no matter what your English level is.

STEP 1. CHECK IF YOU ARE REQUIRED TO TAKE IELTS ACADEMIC OR IELTS GENERAL TRAINING

The Reading and Writing sections are slightly different for Academic and General Training students. Ensure that you are preparing for the right tasks.

The Listening and Speaking sections are the same in both types of tests.

STEP 2. BOOK YOUR TEST

You can find all the test centres available in your country and book your test on the ielts.org website.

Please note that if you are taking your IELTS exam to come to the UK, you may need to take IELTS for UKVI (UK Visas & Immigration).

STEP 3. TAKE A FULL OFFICIAL PRACTICE TEST

Nothing will tell you more about the exam in three hours than a full practice test.

The official IELTS practice tests are the best because they provide the same level of difficulty as the real exams and are free of errors.

Below you can find the links to all the official tests that are available for free, as well as some extra tests you can purchase.

Step up your IELTS preparation. Subscribe to [FastTrack IELTS](#) on YouTube

FASTTRACK IELTS

Official Practice Tests

- Free official practice test from [IELTS.org](https://ielts.org)
- Free official practice test from [British Council](https://britishcouncil.org)

IELTS Ready by British Council

[Register a free account](#) to access free practice tests on a computer. If you book your test with the British Council, you'll unlock more resources. However, I recommend booking your test only when you're confident and fully prepared to take it.

Practice IELTS on Computer

- New IELTS practice tests from [IDP](https://idp.com)
- Free official computer-based practice test from [IDP](https://idp.com)
- Take a timed mock test. Get your results for Listening and Reading [British Council](https://britishcouncil.org)
- IELTS Familiarisation test [IDP](https://idp.com)

Cambridge Books

- (THE BEST) The Cambridge IELTS Practice Tests include four official tests in each book:
 - ✓ [Cambridge IELTS Academic Training 19](#)
 - ✓ [Cambridge IELTS General Training 19](#)

STEP 4. LEARN THE MAIN STRATEGIES FOR EACH SECTION

IELTS examiners use a set of precise criteria to assess your Writing and Speaking answers. That's why these two sections require specific preparation, and you should dedicate more time to developing your IELTS Writing and Speaking skills.

FASTTRACK IELTS COURSES | GET BAND 7 IN 7 DAYS

Enrol on our online courses and learn how to provide IELTS Writing and Speaking answers that meet each Band 7+ requirement, prepare for your exam in less time and achieve a higher score.

- [IELTS Academic Pack](#)
- [IELTS General Pack](#)

FASTTRACK IELTS

IELTS Listening

- VIDEO: [Complete Guide to IELTS Listening](#)
- Take one or two practice tests

IELTS Reading

- VIDEO: [Complete Guide to IELTS Reading](#)
- VIDEO: [How to answer questions fast \(Question order\)](#)
- VIDEO: [Time management](#)
- VIDEO: [IELTS Reading question types](#)
- Take one or two practice tests

IELTS Writing

- VIDEO:
 - ✓ [Ultimate Guide to IELTS Academic Writing Task 1](#)
 - ✓ [Ultimate Guide to IELTS General Writing Task 1](#)
 - ✓ [Ultimate Guide to IELTS Writing Task 2](#)
- Learn the requirements that IELTS examiners use to assess your answers by studying IELTS Band Descriptors:
 - ✓ [IELTS Writing Task 1 & Task 2](#)
- Check out these examples of Band 9 answers:
 - ✓ Sample answer: [IELTS Academic Writing Task 1](#)
 - ✓ Sample answer: [IELTS General Training Writing Task 1](#)
 - ✓ Sample answer: [IELTS Writing Task 2](#)
- Learn about different types of Task 1 and Task 2 and the best structure for each task:
 - ✓ [Types of Task 2 essays](#)
- Practise writing essays every day

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Write practice answers on official answer sheets to learn how long your answers should be:

- ✓ IDP [Task 1](#) [Task 2](#)
- ✓ British Council [Task 1](#) [Task 2](#)

IELTS Speaking

- Watch [one mock IELTS Speaking test](#) to learn what to expect on the day
- VIDEO: [Complete Guide to IELTS Speaking](#)
- Learn the requirements by studying [IELTS Speaking Band Descriptors](#)
- Practise answering questions aloud and time yourself.

STEP 5. CHOOSE BETWEEN THE COMPUTER-BASED AND PAPER-BASED FORMATS

Learn the differences between the two test formats and choose the one that is right for you.

- VIDEO: [Computer-based vs. paper-based IELTS](#)
- VIDEO: [Full Demo: How to take IELTS on Computer](#)

1-Month IELTS Study Plan

Master each section of the test

If you have completed the essential preparation but still have time before your exam, continue with tasks from the one-month plan and learn in-depth strategies for the most difficult types of tasks.

This is also an excellent opportunity to spend more time developing your writing and speaking skills.

IELTS Listening

- Learn strategies for the most difficult types of tasks:
 - ✓ VIDEO: [Maps](#)
 - ✓ VIDEO: [Multiple-choice questions](#)
 - ✓ VIDEO: [Matching information](#)
 - ✓ VIDEO: [Fill in the blanks](#)
- Practise answering difficult types of tasks:
 - ✓ [IELTS.org](#)
 - ✓ [IDP](#)
- Analyse your test results and try to understand why some of your answers were incorrect. This practice will help you avoid making similar mistakes in the future.
- Start working on your listening skills – VIDEO: [How to improve your IELTS Listening skills](#)

IELTS Reading

- Learn strategies for the most difficult types of tasks:
 - ✓ VIDEO: [True – False – Not Given](#)
 - ✓ VIDEO: [Matching Headings](#)
 - ✓ VIDEO: [Multiple Choice](#)
 - ✓ VIDEO: [Matching Information/Features](#)
- Practise answering difficult types of tasks:
 - ✓ [IELTS.org](#)
 - ✓ [IELTS Academic PDF](#)

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FasTrack IELTS

- ✓ [IDP Academic](#)
- ✓ [IDP General](#)

[Analyse your test results](#) and try to understand why some of your answers were incorrect. This practice will help you avoid making similar mistakes in the future.

IELTS Writing

- Learn how to structure each paragraph of your Task 1 and Task 2 answers and how to develop your ideas
- Learn linking words for Task 1 and Task 2:
 - ✓ VIDEO: [Essential linking words for IELTS Writing](#)
- Learn vocabulary for Task 1:
 - ✓ IELTS Academic: learn how to describe charts, maps and diagrams
[Download free preview](#)
 - ✓ IELTS General Training: phrases for informal, semiformal and formal letters
[Download formal phrases](#)
- Use topics from real exams to practise
 - ✓ [Download our PDF](#) guide with IELTS Writing and Speaking topics used in real exams.
- [How to use ChatGPT to prepare for IELTS Writing and Speaking](#)

IELTS Speaking

- Speak for 15 minutes every day to improve your fluency and pronunciation
- Practise answering difficult IELTS topics. If you haven't downloaded our guide with recent topics, you can [do it now](#).

You can find everything you need to prepare for your Writing and Speaking sections, learn how to meet all the Band 7+ requirements in **FasTrack IELTS preparation courses**:

Go to [IELTS Academic Pack](#)

Go to [IELTS General Pack](#)

Step up your IELTS preparation. Subscribe to [FasTrack IELTS](#) on YouTube

3-Month IELTS Study Plan

Improve your English skills

At this stage, taking more practice tests will not help you improve your score. Now it's time to work on your fundamental English skills.

IELTS Listening

- Watch TV and listen to audiobooks, podcasts and news in English
 - ✓ Get your first book on Audible* for free. [Subscribe](#)
- Get used to British and American accents

IELTS Reading

- Read IELTS-style articles and learn new words from them
 - ✓ Academic IELTS: [BBC Science](#), [The Guardian Science](#), [The Science Magazine](#)
 - ✓ General IELTS – newspaper articles ([BBC](#), [The Guardian](#)), instructions, and job descriptions

IELTS Writing

- Do research for your essays

Choose the most common IELTS Writing topics. Look for well-written articles on the internet. Read them and pay attention to how ideas are developed. Write down good ideas. Learn topic-specific words and phrases from the articles.

- Practise writing. The more you write, the better you get.

IELTS Speaking

- Learn words and phrases for challenging IELTS Speaking Topics

FASTTRACK IELTS

In the IELTS Speaking Library, you can find sample questions, answers and useful vocabulary for over 40 IELTS Speaking Topics used in real exams.

[Buy this ebook.](#)

- Learn more about English pronunciation
- Speak every day
- ✓ Talk to yourself.
- ✓ [Find a speaking partner.](#) On our Telegram channel, you can connect with other IELTS takers and practise together.
- ✓ Take speaking lessons with a native-speaking teacher (Cambly or italki).

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